

# Sample lunch menu

## Soup and salads

Homemade cream of mushroom soup, with freshly-baked bread

#### Salad bar

Char-roasted Mediterranean vegetable and bulgur wheat salad Tuna Niçoise pasta salad Mixed bean salad A selection of pick 'n' mix salad items, with homemade dressings and toppers

## Mains

Chicken, smoked paprika and winter vegetable filo pie Roast pepper, potato and parsley frittata Slow-cooked beef, oregano and garlic Spanish hash

Accompanied with ...

Mashed potatoes Green beans and carrots with thyme butter

## Desserts

Apple and pear crumble with white chocolate custard Classic carrot cake Fresh fruit salad

